



Your Employee and Family Assistance Program is a support service that can help you take the first step toward change.

Workplace harassment: Helping your organization with learning and development

The topic of harassment is dominating the news and social media. It's an important topic, and LifeWorks can help.

Workplace harassment is any behaviour that demeans, humiliates or embarrasses a worker or group of workers that a reasonable person should have known would be unwelcome. Harassment can include unwelcome or sexually suggestive remarks, verbal abuse, and physical and sexual assault.

[Workplace Learning Solutions](#)

Workplace learning not only develops the skills of people leaders and employees, but can reinforce organizational policies and practices to create a safe and healthy environment for all. Our [Workplace Learning Consultants](#) are here to listen and collaborate with you to find the solution that best suits your workplace needs and objectives.

[Respect in the Workplace workshops](#)

A respectful workplace creates productive and engaged employees. On the other hand, workplaces where employees feel disrespected experience high levels of turnover, conflict, grievances, and low levels of engagement, attendance and productivity. In this workshop, participants will learn the legal definitions of harassment and sexual harassment, understand human rights legislation, and how to bring forward a complaint. We offer this workshop for both employees and people leaders. [Learn more here.](#)

[Workplace Violence Prevention workshops](#)

Many industries are required by federal and provincial legislation to have policies and programs in place that address aggression in the workplace. This workshop has been developed to comply with that legislation and to promote the safety and protection of the workforce and business. We offer this workshop for both employees and people leaders. [Learn more here.](#)

[Workplace Investigations](#)

Human rights and other violations are extremely delicate to handle, and require discretion and expertise to investigate. Organizations are required to investigate any complaint in an attempt to uncover what has occurred. Our investigations provide an unbiased, independent consultant to assist in determining if allegations of human rights violations (harassment, sexual harassment, discrimination, etc...) brought forward by a complainant are factual according to policy and legislation. [Learn more here.](#)

[Coaching](#)

Whether coaching is initiated for career advancement or to address performance issues, coaching is a process that can help to develop the coachee's potential. Coaching sessions are dedicated to supporting the coachee in clarifying and pursuing objectives that develop skill towards achieving behavioural change through a process that encourages exploration, reflection, goal, and action. [Learn more here.](#)

Visit our [Workplace Learning Solutions website](#) to learn more or Request Workplace Learning Solutions now using the button under Let us help. For 10% savings on workshops, mention promo code: YearEnd2017

© 2026 Morneau Shepell Ltd. Your program may not include all services described on this website, please refer to your benefit material for more information. For immediate assistance, call 1.844.880.9137.