



Your Employee and Family Assistance Program is a support service that can help you take the first step toward change.

Financial Support Services



Plan your financial future with confidence

Convenient, personalized and interactive, Financial Support Services are available to help you and your family understand and solve every day and complex financial concerns. Gain valuable insight and the tools to build a solid financial plan through help with:

- Credit and debt management
- Budgeting
- Bankruptcy
- Financial aspects of separation and divorce
- Financial emergencies
- Retirement planning
- Employment transitions
- Real estate

Support your way

Our Financial Support Services are designed to suit your learning, lifestyle and comfort level. We offer the following options for financial support:

Online Financial Planning Service

This interactive and personalized online program provides financial education and helps you create an action plan for your future. Convenient and secure, you can access the program online anytime, anywhere.

The three-month program begins with an assessment to determine your individual financial situation and a tailored action plan is built from your assessments results. You will use worksheets, calculators and task lists to keep your plan on track.

Financial consultations

Seek professional financial advice through confidential in-person or telephonic consultations. We can help relieve the stress you may have when dealing with financial matters and planning. Our advisors will provide you with answers to your financial questions and recommend a course of action to meet your goals. Should you need more personalized or specific financial advice, you will be referred to a financial advisor who can support you with your unique needs.

Connect with us for confidential support or to learn more

Create your financial future today with help from your EFAP.

For immediate assistance, contact us at **1.800.387.4765** or visit **workhealthlife.com**.

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