

Your Employee and Family Assistance Program is a support service that can help you take the first step toward change.

Let us help you cope with the impact of the Fort McMurray wildfires

We are deeply saddened by the unfolding situation in Fort McMurray. In an effort to provide support to those affected by the wildfires, we have a national crisis line available to anyone in need and EFAP counselling teams on-site to help.

National Fort McMurray Crisis Line
Anyone in need of support can call us at: **1.844.751.2133**. Share this information with affected family and friends. **#FortMacCrisisLine**

Employee and Family Assistance Program (EFAP)
Your EFAP is available as usual, 24/7, to provide you and your family with confidential support and services. Get started online or call your EFAP toll free number.

EFAP support and services are confidential within the limits of the law.
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