

Your Employee and Family Assistance Program is a support service that can help you take the first step toward change.

Mental Health microsite coming soon

© 2026 Morneau Shepell Ltd. Your program may not include all services described on this website, please refer to your benefit material for more information. For immediate assistance, call 1.844.880.9137.

OCTOB

sun | dim **mon** | lun

6	7
	Mental Illness Awa
13	14

October 6-12 is **Mental Illness Awareness Week** in Canada. To help bring awareness to this important aspect of t

This multimedia microsite will feature articles and infographics that explore ending the stigma around mental heal

Starting **Tuesday, October 1st**, the microsite will be live on the mobile and web versions of our LifeWorks platfor

www.workhealthlife.com/disclosing-mental-illness

Until then, please mark your calendars and be sure to visit us this Mental Illness Week!