



Your Employee and Family Assistance Program is a support service that can help you take the first step toward change.

Mental Health microsite coming soon

© 2026 Morneau Shepell Ltd. Your program may not include all services described on this website, please refer to your benefit material for more information. For immediate assistance, call 1.844.880.9137.

OCTOBER

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Mental Illness Awa

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October 6-12 is **Mental Illness Awareness Week** in Canada. To help bring awareness to this important aspect of t
This multimedia microsite will feature articles and infographics that explore ending the stigma around mental heal
Starting **Tuesday, October 1st**, the microsite will be live on the mobile and web versions of our LifeWorks platfor

www.workhealthlife.com/disclosing-mental-illness

Until then, please mark your calendars and be sure to visit us this Mental Illness Week!